

Work, School and Car Kits and Vehicle Prep

Work and School Kits

| In addition to your primary kit at home, make sure you're prepared at work or school. Keep these items unde |
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| your desk, in your locker or near your work space: |

| | Motor |
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| _ | Water |
| | High-protein, high-energy food |
| | First-aid supplies |
| | Flashlight/batteries |
| | Radio/batteries |
| | Out of area phone contact |
| | Basic sanitation supplies |
| | Warm clothing |
| | Sturdy shoes or boots and socks |
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Additional Work/School Kit Items:



- ☐ Photo of family, pets or loved ones
- ☐ Note from family or loved ones
- ☐ Extra set of car and house keys
- ☐ Photocopy of driver's license or ID
- Whistle
- Dust mask
- ☐ Prescription medication
- ☐ Contact lens case/solution or spare eyeglasses

Store your items in a backpack or other small, portable container. Protect important documents in small plastic sealable bags. Be sure to re-think your kit at least once a year, adding or replacing items as necessary. Good times to do this are spring and fall time changes, or the start of the school year.

Car Kits

At a minimum, your car kit should contain these 11 essential items:

| Bottled water |
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| High-protein, high-energy food |
| First-aid kit |
| Blankets |
| Flashlight/batteries |
| Radio/batteries |
| Basic sanitation supplies |
| Warm clothing |
| Sturdy shoes or boots and socks |
| Raingear, hat and gloves |

☐ Paper and pencils or pens





Before traveling, especially in winter, make sure your vehicle is properly prepared. The most important item is your brain—use your head to keep you out of trouble and get you where you need to go. Work smarter, not harder! Check this safety list: Vehicle up-to-date on regular maintenance schedule Windshield washer fluid full with winter fluid ☐ Oil at proper level ☐ Vehicle heating system works, including defroster ☐ Antifreeze in radiator tests to -15 degrees F. ☐ Full tank of gas For winter or bad weather, include these items if you ☐ Good windshield wiper blades have room: ☐ Headlights/tail lights/turn signals/hazard signals in working order ☐ Small tools you know how to use ☐ Seatbelts for all passengers in working order ☐ Cell phone car charger ☐ If transporting children, approved, size-☐ Foot traction (Yak-Trax, etc.) appropriate child seat properly installed ☐ High-lift jack Check hub locks for four-wheel drive ☐ Shackle(s) Good traction tires, properly inflated. Tire Receiver hitch with hook or hole for clevis pressure drops along with temperature. (do not use tow ball) ☐ Tow strap – no hooks Include these 15 priority items for road emergencies ☐ Saw (for cutting branches to use as traction) and winter driving: ☐ Rope Leather gloves Compass – and knowledge of how to use it ☐ Tire chains (blocks of wood may help with ☐ GPS installation) ☐ Maps of the area or bus route information ☐ Tarp (for use when putting on chains) and/or ☐ "Little Hotties" type chemical warmers kneel pad ☐ Portable air compressor ☐ Burlap sacks, kitty litter or sand ☐ Digital or disposable (one-time use) camera ☐ Stock vehicle jack and a lug wrench that fits your wheel lug nuts More Car Kit Tips: ☐ Spare tire ☐ Shovel — the bigger the better ☐ Be sure to check your car kit supplies at least ☐ Ice scraper and snow brush twice a year—spring and fall time changes are ☐ Windshield de-icer and lock de-icer best. Variations in heat and cold shorten the ☐ Jumper cables or self-contained battery jumper life of stored food and can deteriorate first-aid items and other materials like plastic and ☐ Small, empty gas can (fill only if needed) rubber. ☐ Flares or road-emergency warning lights ☐ Fire extinguisher If you must leave your vehicle, leave a note on ☐ Emergency cash – in case you need a tow the dashboard stating when you left, where you ☐ Extra weight, properly secured for improved went and any contact information. traction