



# MEDICAL EMERGENCY INFORMATION

Please place this card on the outside of your refrigerator

Name: \_\_\_\_\_

Your Date of Birth: \_\_\_\_\_

What date you completed this form: \_\_\_\_\_

**Physician's Name & Phone Number:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**Emergency Contact Names and Phone Numbers:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**Location Advance Directives (if applicable)**  
*DNR & POLST require additional forms. Check which form(s) you have.*

**DNR - Do Not Resuscitate**  
 **POLST - Physician Orders for Life Sustaining Treatment**

**Please staple a copy of these forms to this sheet, or list here where these forms can be found in your home:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Please list any significant surgeries that you have had:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

<b>Medical Conditions:</b> <input type="checkbox"/> <b>None</b> <input type="checkbox"/> <b>Asthma/COPD</b> <input type="checkbox"/> <b>Bleeding Disorder</b> <input type="checkbox"/> <b>Diabetes/Insulin Dependant</b> <input type="checkbox"/> <b>Heart Problems</b> <input type="checkbox"/> <b>Hypertension</b> <input type="checkbox"/> <b>Stroke</b>	<input type="checkbox"/> <b>Seizures</b> _____ _____ _____ _____ _____ _____	<b>Allergies and Drug Reactions:</b> <input type="checkbox"/> <b>None Known</b> _____ _____ _____ _____
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**Hospital Preference:**

\_\_\_\_\_

Medication	Dose	Frequency

**Please list any other information that we should know about your medical history or conditions:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_